

sacred plant medicine the pdf

Do you have a favorite plant or tree whose leaves or fruit you anxiously await each year to craft a tea, tonic, or tincture? The enjoyment and healing derived from our relationship with the plant medicines we grow starts long before we apply or ingest them...

The Feminine Way of Plant Medicine with Deb Soule | The

Nelumbo nucifera, also known as Indian lotus, sacred lotus, bean of India, Egyptian bean or simply lotus, is one of two extant species of aquatic plant in the family Nelumbonaceae. It is often colloquially called a water lily. Under favorable circumstances the seeds of this aquatic perennial may remain viable for many years, with the oldest recorded lotus germination being from that of seeds ...

Nelumbo nucifera - Wikipedia

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Cactaceae » Sacred Succulents

Sacred groves of India are forest fragments of varying sizes, which are communally protected, and which usually have a significant religious connotation for the protecting community. Hunting and logging are usually strictly prohibited within these patches. Other forms of forest usage like honey collection and deadwood collection are sometimes allowed on a sustainable basis.

Sacred groves of India - Wikipedia

What is it? Holy basil (*Ocimum sanctum*) is a member of the mint, or Labiatae, family. Though it is closely related to the sweet basil (*Ocimum basilicum*) frequently used in cooking, holy basil has a much richer history.

Holy Basil: Relieve Anxiety and Stress - Medicine Hunter

Sacred Earth Newsletter is a free online magazine about people and plants, sustainable living, green lifestyle tips and resources, offering in depth articles about current conservation topics, ethnobotany, ecotravel, medicinal plants and more

Sacred Earth Newsletter - Resources for Sustainable Living

The Seven Sacred Teachings of White Buffalo Calf Woman, also known as the Seven grandfather Teachings, are shared, valued and practised by many indigenous peoples.

seven sacred teachings - Bridging the Gap: Winnipeg

Did you know? Twenty-five percent of the active ingredients in today's anti-cancer drugs come from the rainforest! If you missed this issue of Woman's World, download the story PDF file, at the bottom of this page.

Healing Rainforest Herbs | Medicine Hunter

© Copyright Read Theory LLC, 2012. All rights reserved. 2 Answers and Explanations 1) A civilian (noun): someone who is not a soldier: Soldiers get access to special ...

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Viagra is a multi-billion dollar blockbuster drug, but it has serious side effects. Thankfully evidence-based natural alternatives abound... But putting aside its importance for overall health, the male ego depends in large part on the ability to 'get it up,' and when things don't work out as ...

13 Alternatives to Viagra That Won't Fall Flat

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